

DATE: _____

DECISION TOOL

Think about the **practical** and **emotional** factors relevant to each quadrant. List them below.

	Benefits (Pros)	Costs (Cons)
MAKING A CHANGE	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
NOT MAKING A CHANGE	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

The change I'm considering to make is:
